




Mueller Fitness Center
 August 2024



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5 Yoga Workshop 1200	6	7	8	9
12 Yoga Workshop 1200	13	14	15	16
19 Yoga Workshop 1200	20	21	22	23
26 Yoga Workshop 1200	27	28	29	30

Sheridan Kaserne Building 119

CIV: 09641 70521 2747 DSN: 521-2747

Hours of Operation

Monday to Thursday: 0630-1900

Friday: 0930-1900

Closed Saturday, Sunday & US Holidays

24/7 access available for US ID card

holders 18+

Fitness Workshops: \$10

Bike Tune-Ups: Starting at \$25

Personal Training: \$50 a session.